

Arbeid og psykisk helse



Arbeid i et behandlingsperspektiv – psykisk helse og rus. Kunnskapsbasert samarbeid kommune, spesialisthelsetjeneste og NAV

Konferanse 20. september 2011 kl.9.00 – 16.15

Radisson Blu Plaza Hotel; Sonja Henies plass 3, Oslo

Program

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| Kl. 09.00 | Registrering, kaffe/te |
| Kl. 10.00 | Åpning v/Arbeids- og velferdsdirektoratet og Helsedirektoratet |
| Kl. 10.15 | Making a reality of employment for people with mental health and/or addiction problems
v/Rachel Perkins BA MPhil (clinical psychology) PhD OBE |
| Kl. 11.30 | Pause med forfriskninger |
| Kl. 12.00 | Implementing evidence based supported employment for people with mental health and/or
addiction problems v/Rachel Perkins |
| Kl. 13.15 | Lunsj |
| Kl. 14.30 | Fokus på arbeid i ACT-team v/psykologspesialist Amund Aakerholt og dr. philos Anne
Landheim, Kompetansesenter rus-region øst/Sykehuset Innlandet HF |
| Kl. 15.00 | Hvordan kan arbeidsperspektivet integreres i standard behandling? Erfaringer fra FoU-
prosjektet <i>Jobbmestrende oppfølging</i>
v/faglig ansvarlig professor dr. med Erik Falkum, Oslo universitetssykehus, prosjektleder
Stig Evensen, OUS, og prosjektleder Hilde Kristin Weng, Arbeids- og velferdsdirektoratet |
| Kl. 15.30 | Visjoner for et inkluderende arbeidsliv <ul style="list-style-type: none">▪ Arbeidstakerperspektiv fra Jobbmestrende Oppfølging▪ Arbeidsgiverperspektiv v/klinikkshjef Anders Wahlstedt, Sørlandet sykehus,
Klinikk for psykisk helse – psykiatri og rus |
| Kl. 16.00 | Avslutning v/Arbeids- og velferdsdirektoratet og Helsedirektoratet |

Møteleder: Arne Johannesen, avdelingsdirektør, Helsedirektoratet

Med forbehold om endringer i programmet

Rachel Perkins BA, MPhil (Clinical Psychology), PhD, OBE



Formerly Director of Quality Assurance and User Experience at South West London and St. George's Mental Health NHS Trust, Rachel Perkins is now a freelance consultant and

- Chair of Equality 2025 (the UK cross Government strategic advisory committee on issues relating to disabled people hosted by the UK Department of Work and Pensions)
- A member of the 'Implementing Recovery – Organisational Change' project team (a programme to help organizations to develop recovery-focused practice commissioned by the Department of Health and delivered by a partnership between the NHS Confederation and Centre for Mental Health).

Her background is in clinical psychology and she is also a long term user of mental health services.

In 2009 she was commissioned by the Secretary of State for Work and Pensions to lead an independent review into how Government might better support people with mental health problems to gain work and prosper in employment. (*Realising ambitions: Better employment support for people with a mental health condition*, DWP, December 2009). She has written and spoken widely about recovery and social inclusion for people with mental health conditions and has pioneered the UK development of programmes to help people with mental health difficulties to access employment and education based on the 'Individual Placement with Support' approach, including one designed increase employment opportunities within mental health services for people who have themselves experienced mental health problems. In 2010 she was awarded an OBE for services to mental health and voted Mind Champion of the Year. Her latest book, written with Julie Repper, is *Social Inclusion and Recovery: A Model for Mental Health Practice* (2003, Balliere Tindall).

Lenke til rapporten "Realising ambitions: Better employment support for people with a mental health condition" December 2009. Department for Work and Pensions: <http://www.dwp.gov.uk/docs/realising-ambitions.pdf>